

SOUTH WEST VETS AC

5 mile ROAD RECORDS

Last updated 20 October 2009

Championship Records				
M40	Robert Wise	24.42	Portsmouth	1998
M45	Ahmed Amraoui	24.16	Exmouth	1995
M50	Gareth Jones	26.51	Portsmouth	1998
M55	Gareth Jones	28.08	Portsmouth	2001
M60	Gordon Wiltshire	29.31	Portsmouth	1998
M65	Gordon Wiltshire	31.36	Portsmouth	2001
M70	Eric Barber	34.41	Exmouth	2007
M80	Bruce Davidson	46.34	Portsmouth	2001
W35	Marilyn Blair	29.44	Exmouth	1995
W40	Cathy Newman	29.10	Exmouth	2007
W45	Zina Marchant	28.58	Portsmouth	1998
W50	Ann Luke	31.13	Littledown	2008
W55	Rhona Goodwin	39.25	Portsmouth	1998
W60	Ann Dukes	41.29	Portsmouth	1998
W65	Jean Palmer	40.51	Portsmouth	2001
W70	Jose Waller	40.36	Exmouth	1995
W75	Grace Bulger	51.53	Overton	1996

Club Records				
M40	Robert Wise	24.42	Portsmouth	1998
M45	Ahmed Amraoui	24.16	Exmouth	1995
M50	Gareth Jones	26.51	Portsmouth	1998
M55	Gareth Jones	28.08	Portsmouth	2001
M60	Gordon Wiltshire	29.31	Portsmouth	1998
M65	Gordon Wiltshire	31.36	Portsmouth	2001
M70	Eric Barber	34.41	Exmouth	2007
M80	Bruce Davidson	46.34	Portsmouth	2001
W35	Marilyn Blair	29.44	Exmouth	1995
W40	Zina Marchant	27.22	Portsmouth	1990
W45	Zina Marchant	27.49	Portsmouth	1995
W50	Ann Luke	31.13	Littledown	2008
W55	Rhona Goodwin	39.25	Portsmouth	1998
W60	Ann Dukes	41.29	Portsmouth	1998
W65	Jean Palmer	40.51	Portsmouth	2001
W70	Jose Waller	40.36	Exmouth	1995
W75	Grace Bulger	51.53	Overton	1996